



ST. PETER'S COLLEGE GARAKU

Scheme of work for:

Term: 3rd , Session: 2019/2020, Class: JSS3, Subject: Guidance And Counseling

Website: www.spcgaraku.com.ng, e-mail: contact@spcgaraku.com.ng

Office Tel: 0814 418 4838, 0805 398 9481

Facebook, Telegram & Twitter: @myspcgaraku

WE	TOPICS	CONTENTS	ACTIVITIES	REFERNCE
1	Resumption, Personal Environmental Hygiene	To inculcate the act of cleanliness in the students	Give talk on cleanliness and personal hygiene.	Guidance And
2-3	Gender Issues	To allay the students' fears about the likely irregularities in individual development during puberty and adolescent periods.	a. Give a talk on developmental changes during Puberty and adolescent period. b. Organize group discussion allowing students to express their experiences during these periods. c. Group the students into early and late developers and counsel them accordingly.	Guidance And Counseling for For Primary and senior Seconda Page 26-27
3	Educational Information: choice of Subjects. Career Guidance	a. To inform the students about the various subject combinations and the Course applicable. b. To inform the students about the areas of learning available to them after the Junior Secondary Education.	a. Enumerate all the subjects offered at the JS classes and group them into compulsory and optional subjects. b. Assist the students in selecting the (12) subjects for BECE registration. c. Give a talk on the curriculum of the post junior secondary education programme: i) Senior Secondary Education ii) vocational/Technical Education iii) Apprenticeship	
5-6	Social Learning Skills: Interpersonal Relationships with the School Community/Security Consciousness	a. To enhance the students' interpersonal relationships with the school authority, their teachers, seniors, classmates. To educate students on	a. Give a talk on interpersonal relationships with emphasis on the students' relationships with the school authority, teachers, seniors, classmates, etc	

		how to relate cautiously with strangers and keep secrets.	b. Give talk on Security consciousness, laying emphasis on how to: i) Be careful in answering questions from strangers either directly or on phone/internet ii) Avoid participating in discussions inside vehicles Avoid welcoming unwanted friends i. e.	
	and Examination Malpractice.	acquire the proper examination behavior and	following: i) Effective study habits	
8	Life after Junior Secondary School	avoid examination malpractice.	ii) Techniques for passing examinations	
9		To educate them on the challenges and Opportunities after school.	iii) Rules and regulations guiding examinations Give a talk on how to be useful during holidays e. g. acquisition of new skills.	
10	Psychological Talk: Drug Abuse	To educate students on 'Drug Abuse' and the dangers in it	a. Organize group counseling on various ways of misuse of drugs and its dangers b. Counseling the students on the need to be members of drug-free clubs/societies	